

# GREEN OAKS



**August 21 is recognized as National Senior Citizen Day**—a time to honor the older adults in our lives and reflect on all they've given to their families, communities, and the world around them. While today is a great reminder to celebrate, the truth is: **every day is an opportunity to show our appreciation.**

Our seniors are storytellers, role models, and the hearts of many families. They've lived through seasons of change, shared their wisdom, and helped shape the world we live in. Their lives are full of quiet victories and lasting legacies.

Whether you're looking for meaningful ways to celebrate on August 21—or simply want to make an ordinary

day feel extraordinary—here are a few uplifting ideas to enjoy together:

- **Create intergenerational moments:** Plan a fun art project, cook a favorite family recipe, or start a story-sharing tradition that bridges generations and builds bonds.
- **Celebrate their journey:** Look through old photo albums, revisit favorite songs or movies from their youth, or ask them to share a cherished memory.
- **Encourage wellness and joy:** Try a gentle movement class, spend time outdoors, or simply enjoy a cozy afternoon chat. Small moments matter.
- **Volunteer side by side:** Join a local cause together or help them share their knowledge through mentoring, reading to children, or crafting for a good cause.
- **Be present:** Your time, attention, and laughter are often the greatest gifts. Share a meal, play a game, or just sit and talk in whatever way brings joy and connection.

The seniors in our lives deserve to be honored not just on August 21, but in the little moments we create with them all year long. **Every shared smile, story, or simple visit is a chance to show them just how much they mean to us.**



# Celebrate the King of Rock 'n' Roll!

August 8–16

Each August, fans around the world turn their hearts (and hips!) to Elvis Presley, the one and only King of Rock 'n' Roll.



Whether you first saw him shaking things up on a black-and-white TV or remember hearing “Love Me Tender” on the radio, Elvis left a lasting impression—and his legacy continues to bring joy across generations.

**This year marks the 47th anniversary of Elvis’s passing, yet his music, style, and spirit still have a way of making us smile.** From toe-tapping hits to heartfelt ballads, Elvis could do it all—and he did.

Whether you’re playing your favorite Elvis records, watching a tribute performance, or sharing memories of the first time you heard “Can’t Help Falling in Love,” Elvis Week is a wonderful time to celebrate a legend who continues to unite music lovers of all ages.

## COLOR ME!

Coloring isn’t just for children – it has been proven to have great benefits for all ages, including stress relief, improving motor control, creativity and increasing concentration. Coloring books targeted towards adults have become a popular trend in our country in the last few years. **On August 2, National Coloring Book Day**, grab some crayons, colored pencils or markers for some relaxing fun!

## SQUEEZE THE DAY: CELEBRATING LEMONADE PAST AND PRESENT

Lemonade stands were once the heart of summertime fun—whether you sold it for a nickel or just loved stopping by for a cold sip on a hot day. While prices and booths may have changed, the memories are just as sweet.

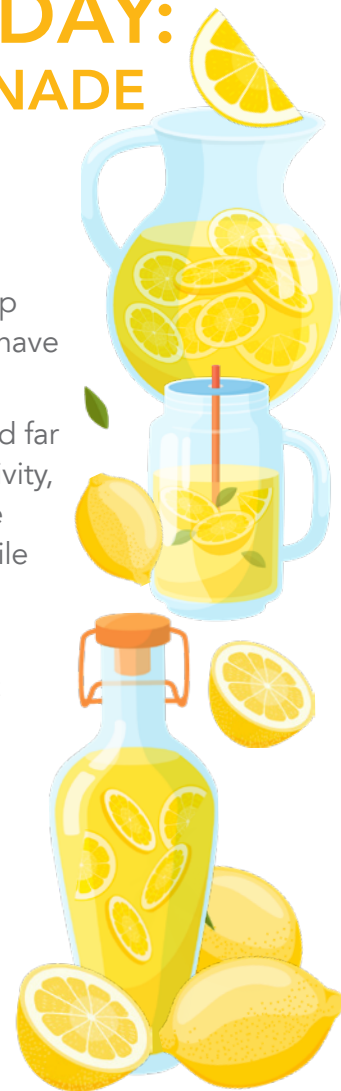
Today, National Lemonade Day is celebrated far and wide on **August 20**, encouraging creativity, community, and a splash of nostalgia. Some stands now raise funds for good causes, while others simply bring neighbors together.

**Want to join the fun?** Try dressing up your lemonade with berries, fresh herbs like mint or basil, or a fizzy splash of soda water. Or stick with the timeless classic—fresh-squeezed and served with a smile.

**Did you ever have a lemonade stand?**

How much did you sell it for? What did you buy with your profits?

Take a moment to reminisce, share your story, or raise a glass with someone special. Cheers to the simple joys of summer!



# ACTIVITY HIGHLIGHTS



## HAPPY BIRTHDAY

### RESIDENTS

Danny H	8/1
Sarah W	8/10
Michael B	8/12
Mireya D	8/20
Darrell C	8/21
John T	8/21
Emilio F	8/22
Sandra B	8/24
Magdalena G	8/24
Beverly C	8/28
Lora M	8/29

### STAFF

Rachel Kolie	8/1
Ricky Henderson	8/2
Mercy Onsomu	8/8
Ezra Nyangweso	8/9
Jennifer Woodard	8/11
Shaiquarius Whittington	8/16
Edith Aigbona	8/20
Dalita Laverdure-Pyram	8/23
Evalyne LOumumba	8/26
Alicia Serna	8/27
Kristopher Shaw	8/27
Rosa Bautista	8/30



**GREEN OAKS**  
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**DIRECTOR OF NURSING**

Colby Pain

**ASSISTANT DIRECTOR OF NURSING**

Mea Altidor

**MDS/PPS NURSE**

Feleisa Barnes

**MDS/PPS NURSE**

Jane Gordon

**HR/PAYROLL**

Gennifer Puga

**ADMISSIONS DIRECTOR**

Morshleen Mathew

**SOCIAL WORKER**

Bethany Klag

**BUSINESS OFFICE MANAGER**

Rena Pleasant

**MEDICAL RECORDS**

Shelia Bailey

**WELLNESS/ LIFE ENRICHMENT**

Shannon Rindahl

**DIRECTOR OF REHAB**

Torian D. Webb

**TREATMENT NURSE**

Marcuss Paige

**DIETARY MANAGER**

Hersiba Ernest

**DIETICIAN**

Rosa Kinchen

**HOUSEKEEPING DIRECTOR**

Bridget Starr Clendenen

**STAFFING COORDINATOR**

Ricky Henderson

**MAINTENANCE DIRECTOR**

Alberto Mendez

**WEEKEND RECEPTIONIST**

Michelle French

**TRANSPORTATION**

Monique Johnson

**LVN WEEKEND SUPERVISOR**

DR Ramesh Alwarappan

**MEDICAL DIRECTOR**

Deme Eggins

**CONCIERGE**



**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!



### WORD LIST

ACTIVITY  
BOOKS  
COLOR  
ELVIS  
HAPPINESS  
KING  
LEMONADE  
MARSHMALLOW  
MUSIC  
PRESLEY  
READ  
RELAX  
SENIOR  
SMORE  
WELLNESS